

# FLOR GARCIA

Residence: Panamá  
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## Summary

I absolutely love to boost, work out and learn from transformation processes in teams, families and people. I am an Executive and Life Coach and have almost 20 years of experience supporting people to reveal their own truth and perform more efficiently.

I hold a Bachelor's degree in Psychology and a Value Based Management Trainer degree from Mercedes Benz AG, where I first started my HR career and where I discovered my passion about change management. My Coaching credentials come from Newfield Network and Conscious Business Center International.

I am passionate about teaching.

I have lived and worked in Argentina, Venezuela and Chile. Since 2012, in Panama.

[pa.linkedin.com/pub/flor-garcia/3b/743/965/](https://pa.linkedin.com/pub/flor-garcia/3b/743/965/)

## Experience

2002- Currently:

**Psychologist, Life & Executive Coach**

**Projects in Buenos Aires, Caracas, Santiago de Chile, México and Panamá**

Fuchs MX, Procter&Gamble, Halliburton, Banorte MX, Kimberly Clark.

2015- Currently:

**Senior Coach**

**Conscious Business Center International**

**Program Facilitator and Trainer- Online**

2014-2015

**Junior Coach**

**Conscious Business Center International**

**CB assistant**

2010-2012:

**External Consultant- Pshycological Profiles**

**Randstad, Santiago de Chile**

2010-2012:

**Substitute teacher**

**International School Nido de Águilas, Santiago de Chile**

2005-2008:

**External Consultant- Pshycological Profiles**

**Sartorius, Buenos Aires**

2004-2008:

**Admissions and Pshycotherapy**

**SESAM- Servicios de Salud Mental, Buenos Aires**

2000-2002:

**Project Coordinator: Organization Culture**

**DaimlerChrysler Argentina**

Value Based Management trainer for Argentina. Change management workshops. I developed strategies and implemented training and integration workshops for Mercedes-Benz and Chrysler merger. Also responsible for internal communication.

1998-2000:

**HR Specialist**

**Mercedes-Benz Argentina**

Work surveys and workshops. Recruiting and training.

1997-1998:

**Admissions and Psychotherapy**

**Hospital Lanari, Instituto de Investigaciones Médicas, Buenos Aires**

1993-1997:

**English Teacher**

**Escuela Dr. Jesus P. Martinez, Buenos Aires**

Education

1994-1998:

**Psychology Bachelor's Degree**

Universidad de Belgrano, Buenos Aires, Argentina

**Deutsche Schule Villa Ballester**

Buenos Aires, Argentina

Certifications

2014:

**Coach**

**Conscious Business Coaching International – Fredy Kofman**

Panamá, Panamá

2013:

**Ontological Coach**

**Newfield Network**

Bogotá, Colombia

1998-2001:

**Value Based Management Trainer– DaimlerBenz AG**

Stuttgart, Alemania.

1998-1999:

**Local Compass Program** (Competence Planning and Appraisal System). Mercedes-Benz Argentina

Extended Education

2014:

**Realm Angel Reader**

**Hay House, Doreen Virtue**

US

1999:

**Apples & Oranges Co-facilitator**

**Mercedes-Benz AG**

Stuttgart, Germany

1998-1999:

**Local Compass Program** (Competence Planning and Appraisal System). Mercedes-Benz Argentina

Languages

**Spanish:** Native proficiency

**English:** Bilingual Proficiency

**German:** Full professional Proficiency